

CITY OF CHANHASSEN SENIOR CENTER NEWSLETTER

Summer 2019

7700 Market Blvd • PO Box 147 • Chanhassen, MN 55317 • 952.227.1125 • www.ChanRec.com

Senior Center Spotlight

Welcome to spring and summer! We have waited a long time for this, and now is the time to embrace what it has to offer. During this long and often tough winter, the Chanhassen Senior Center has been planting seeds of programs and events designed to build bouquets of adventure, fun, and learning for you.

We have also been creating this new, streamlined newsletter for our senior community - a simple guide of trips, events and speakers, including your invitation to join us for any or all of them. This newsletter will be mailed quarterly, either in paper form or electronically (as requested) to keep you up to date on the latest events and offerings. Its highlighted events won't offer detailed descriptions, but will provide just what you need to put a date on your calendar and call us for more information or to register.

For complete details, please refer to our quarterly Chanhassen Connections, which is mailed to every household in Chanhassen four times per year. You may also call or visit the Senior Center, 952-227-1125. We have all the information and registration forms you'll need. If you are computer savvy, you can also find us on the City of Chanhassen website at www.ci.chanhassen.mn.us, click on Parks & Recreation, then click on our Senior Center button.

We have a garden full of upcoming fun trips (ball games, museums, concerts and plays) along with daily lunches, and life-long learning focused classes and events. Make it your summer plan to build a personalized garden basket filled with aromatic adventures!



Fridays, 10 am: Just Fiddling Around - Musical Jam Session | \$2 | Senior Center

Program Events

May 9, 2-3:30pm: Aquatennial Singers (beverages and ice cream sundaes) | \$7 | Rec Center

May 17, 11am-1pm: Speaker John Haugo, "Who was Dr. Norman Borlaug: The Man who Fed a Billion People (Norweigan lunch) | \$11/\$12 | Senior Center

June 6, 11am-1pm: Swedish Serenade with The Cloudberrries (Swedish lunch) | \$12/\$13 | Senior Center

June 20, 5pm: An Evening with the Mayor (fried chicken dinner and concert) | \$11/\$12 | Senior Center

June 25, 11:30am: Lion's Club Annual Summer Picnic | FREE, but RSVP | Lake Ann Park, Klingelhutz Pavillion

Overnight Trip - Explore Iowa

Wednesday, September 25 departing at 7am, returning Thursday, September 26 at 5:45pm
Chan Rec Center

\$315/person double occupancy, \$378/person single occupancy | Register by August 8

Day 1 – Ames: Lunch and tour at Reiman Gardens & Butterfly house, tour Iowa State's Bio-Research Farm, dinner on Boone & Scenic Railroad train

Day 2 – Ames and Story City: Local trade demonstrations including chocolaterie, quilt shop, and more; lunch in Story City and tour of town's 1913 handcarved wooden carousel.



Day Trips



Unless noted, buses leave from the Chanhassen Recreation Center - 2310 Coulter Blvd

- May 22, 7:30am-5pm:** Fagen Fighter WWII Museum | **\$67** – includes admission, lunch, & transportation | *Register by May 7*
- June 13, 9:45am-3:45pm:** Science Museum of MN & Omnitheater | **\$39** – includes admission, theater ticket, & transportation | *Register by May 28*
- June 27, 10:30am-end of game:** Twins game | **\$46** – includes ticket & transportation | *Register by June 4*
- July 23, 9am-2:30pm:** Summers Pops Orchestra Concert | **\$48** – includes performance, lunch, & transportation | *Register by July 8*
- July 31, 8am-1pm:** Intergenerational Segway History Tour of Minneapolis Riverfront | **\$119/person** ages 12+ with adult | *Register by July 18*
- August 7, 11:30am-5pm:** Guys and Dolls at the Guthrie | **\$53** – includes performance, snack, & transportation | *Register by June 5*
- August 13, 11:30am-end of game:** St. Paul Saints game | **\$46** – includes ticket & transportation | *Register by July 11*
- September 11, 11:30am lunch, 1pm show:** Mamma Mia at Chan Dinner Theatres | **\$69** – includes performance & lunch **(No transportation provided, meet at theater)** | *Register by August 12*



Classes



- May 8, 1-3pm:** Painting Class: Ball Jar with Flowers or Summer Bicycle with Basket Painting | **\$32** – includes all materials & instruction | Senior Center, Maple Room
- May 13, 10am:** Mark Irving: My Life as a Jockey | **\$2** donation for coffee and treats | Senior Center
- May 21, 10-11am:** Your Brain is Worth It! (formerly Staying Physically Fit for your Body Type) | **FREE**, but RSVP | Senior Center
- May 30, 10:30-11:30am:** SW Prime - A Primer Lesson | **FREE**, but RSVP | Senior Center
- June 4, 9:30-11am:** Queen Victoria | **\$3** | Senior Center
- June 10, 10am:** The History of Firefighting in Carver County | **\$2** donation for coffee and treats | Senior Center
- June 11, 10:30-11:30am:** New to Medicare? Learn the Ropes | **FREE**, but RSVP | Senior Center
- June 18, 11am:** Speaker Jean Ketcham, “Aging with Fun, Spirit, & Style” | **\$3** | Senior Center
- July 8, 10am:** Tea-Time with Donna | **\$2** donation for coffee and treats | Senior Center
- July 12, 10:30-11:30am:** A Leisurely Look at the Library | **FREE** | Meet in the lobby of the library
- July 16, 1:30pm:** Churchill, Manitoba - Through the years | **\$5** | Senior Center
- July 25, 10:30am:** Extraordinary Sacrifices: Carver County’s Contribution in Wartime | **\$3** | Senior Center
- July 30, 10am-Noon:** Grandparent & Me Bingo in the Park | **FREE**, but RSVP | Lake Susan Park – 903 Lake Drive East

May 2019

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
			1 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC	2 10am-1pm Free Ind. & Family Counseling, by appt - MR 10:30am Fit for Life - RC 1pm Cards - MR 1:30pm Caregiver Support Grp - MR	3 9am Fiddling Around with Music, Jam Session - MR 9:45-10:45am Chair Yoga - RC 1-3pm Cribbage - MR 1:30pm MN Travelog - Chaska Lodge	4
5	6 12:30pm Bridge - SC	7 8:30am-12:30pm Foot Care Call for appts - MR 10:30am Fit for Life - RC 12:30pm Chan-o-laires - SC 5-9pm AARP 8-hr driver's training Pt. 1 - SC	8 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC 1-3pm Painting Class - MR 5-9pm AARP 8-hr driver's training Pt. 2 - SC	9 10:30am Fit for Life - RC 1pm Cards - MR 2-3:30pm Celebrate Spring with the Aquatennial Singers - RC	10 9am Fiddling Around with Music, Jam Session - MR 9:45-10:45am Chair Yoga - RC 11am Line Dancing - RC	11
12	13 10am Speaker Mark Irving "My Life as a Jockey" - SC 12:30pm Bridge - SC	14 9am Free Insurance Counseling - MR 10:30am Fit for Life - RC 12:30pm Chan-o-laires - SC 1:30pm ACT on Alzheimer's Meeting - FC	15 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC 2-5pm Free Ind. & Family Counseling, by appt - MR 5:30-9:30pm AARP 4-hr driver's training - SC	16 10:30am Fit for Life - RC 1pm Cards - MR	17 9am Fiddling Around with Music, Jam Session - MR 10am Senior Commission Meeting - FC 11am-1pm Speaker on "Dr. Norman Borlaug" - SC 11am Line Dancing - RC 1-3pm Cribbage - MR	18
19	20 9-10:30am Senior Center Advisory Board Meeting - FC 12:30pm Bridge - SC	21 10am Your Brain Is Worth It - SC 10:30am Fit for Life - RC 12:30pm Chan-o-laires - SC	22 7:30am Day Trip: Fagen Fighter WWII Museum - RC 9am-3pm Foot Care Call for appts - MR 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC	23 10:30am Fit for Life - RC 1pm Cards - MR	24 9am Fiddling Around with Music, Jam Session - MR 11am Line Dancing - RC	25
26	27 Memorial Day Senior Center Closed	28 10:30am Fit for Life - RC 12:30pm Chan-o-laires - SC	29 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC	30 10:30am Speaker, SW Prime - A Primer - SC 10:30am Fit for Life - RC 1pm Cards - MR	31 9am Fiddling Around with Music, Jam Session - MR 11am Line Dancing - RC	

June 2019

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
						1
2	3 12:30pm Bridge - SC	4 8:30am-12:30pm Foot Care Call for appts - MR 9am-5pm Pickleball Tourney - RC 10:30am Queen Victoria - SC 10:30am Fit for Life - RC 12:30pm Chan-o-laires - SC	5 9am-5pm Pickleball Tourney - RC 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC	6 9am-5pm Pickleball Tourney - RC 10am-1pm Free Ind. & Family Counseling, by appt - MR 10:30am Fit for Life - RC 11am Swedish Serenade w/ The Cloudberries + Lunch - SC 1:30pm Cards - SC 1:30pm Caregiver Support Grp - MR	7 9am Fiddling Around with Music, Jam Session - MR 1-3pm Cribbage - MR	8
9	10 9:45am History of Fire Fighting in Carver Co. - SC 12:30pm Bridge - SC	11 9am Free Insurance Counseling - MR 10:30am Fit for Life - RC 10:30am New to Medicare? Learn the Ropes - SC 1:30pm ACT on Alzheimer's Meeting - FC	12 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC	13 9:45am-3:45pm Trip to MN Science Museum - RC 10:30am Fit for Life - RC 1pm Cards - MR	14 9am Fiddling Around with Music, Jam Session - MR Flag Day!	15
16	17 9-10:30am Senior Center Advisory Board Meeting - FC 12:30pm Bridge - SC	18 10:30am Fit for Life - RC 11am Aging with Fun, Spirit, & Style - SC	19 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC 2-5pm Free Ind. & Family Counseling, by appt - MR	20 8:30am-12:30pm AARP 4-hr driver's training - SC 10:30am Fit for Life - RC 1-3pm Cards - MR 5pm Dinner w/the Mayor & Music in the Plaza - SC	21 9am Fiddling Around with Music, Jam Session - MR 10am Senior Commission Meeting - FC 1-3pm Cribbage - MR	22
23	24 12:30pm Bridge - SC 1-2:30pm Book Club - MR	25 10:30am Fit for Life - RC 11:30am Annual Lake Ann Summer Picnic with the Lions's Club	26 9am-3pm Foot Care Clinic, by appt - MR 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC	27 10:30am Fit for Life - RC 12:15-end of game Trip to Twins Game - RC 1pm Cards - SC	28 9am Fiddling Around with Music, Jam Session - MR	29
30						

July 2019

SUN.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.
	1 12:30pm Bridge - SC	2 9am-12:30pm Foot Care Clinic, by appt - MR 10:30am Fit for Life - RC 12:30pm Bingo - SC	3 4th of July Senior Center Closed	4 4th of July Senior Center Closed	5 9am Fiddling Around with Music, Jam Session - MR 1-3pm Cribbage - MR	6
7	8 9:45am Tea-Time with Donna SC 12:30pm Bridge - SC	9 9am Free Insurance Counseling - MR 10:30am Fit for Life - RC 1:30pm ACT on Alzheimer's Meeting - FC	10 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC	11 10:30am Fit for Life - RC 1pm Cards - MR	12 9am Fiddling Around with Music, Jam Session - MR 10:30am Lesiurely Walking Tour of the Chan Library Meet at the library	13
14	15 9-10:30am Senior Center Advisory Board Meeting - FC 12:30pm Bridge - SC	16 10:30am Fit for Life - RC 1:30pm Exploring Churchill, Manitoba Through the Years - SC	17 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC 2-5pm Free Ind. & Family Counseling, by appt - MR	18 10:30am Fit for Life - RC 1pm Cards - MR	19 9am Fiddling Around with Music, Jam Session - MR 10am Senior Commission Meeting - FC 11am Summer Beach Party w/ Pizza & Root Beer Floats - SC 1-3pm Cribbage - MR	20
21	22 12:30pm Bridge - SC 1-2:30pm Book Club - MR	23 10:30am Fit for Life - RC 9am-2:30pm Trip to MN Pops Concert and Olive Garden - RC	24 9am-3pm Foot Care Clinic, by appt - MR 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC	25 10:30am Fit for Life - RC 10:30am-1pm Extraordinary Service: Carver Co's Wartime Efforts - SC 1pm Cards - MR	26 9am Fiddling Around with Music, Jam Session - MR	27
28	29 12:30pm Bridge - SC	30 10:30am Fit for Life - RC 10am-Noon Grandparent & Me Bingo in the Park - Lake Susan Park	31 8am-1pm Intergenerational Segway Tour of Minneapolis River Road - RC 9-11am Woodcarving - WS 10am Tai Chi - RC 12:30pm Bingo - SC			

FC- Fountain Conf Room MR- Maple Room RC- Recreation Center SC- Main Senior Center WS- Workshop

Special Services

Counseling & Support

- Individual and Family Counseling - call 952.227.1124 to schedule an appointment
- Caregiver Support Group - walk-ins welcome
- Health Insurance Assistance - call Senior LinkAge Line at 1.800.333.2433

Foot Care Clinic - Call 763.560.5136 for appointment

Transportation

- Senior LinkAge 1.800.333.2433
- Smark Link 952.496.8341
- SouthWest Prime 952.797.7463
- WeCAB 1.844.743.3932

The Silver-Plate Diner

Did you know we offer a delicious, healthy meal every day at the Senior Center? All seniors 60 years of age and older are welcome, along with their friends/family of any age. If you are over the age of 60, we ask for a voluntary contribution of \$5.00 for your meal. Of course, any amount is gratefully accepted and helps us to continue to serve you. (If you are under the age of 60, the firm cost of the meal is \$11) Menus are available so you can plan ahead; reservations must be made 3 business days in advance. It's the best meal deal in town! Call 952.227.1127.

